

"Anyone can win, unless there is a second entry."

- George Ade

Week 1

Day: ____ thru ____
Mo: _____ Yr: _____

*The Path I Ran & Comments on
How it Went, Who Joined Me...*

| DAY | TIME | PACE | SHOE | \$ | DISTANCE |
|-----|------|------|------|----|----------|
| Sun | | | | | |
| M | | | | | |
| T | | | | | |
| W | | | | | |
| Th | | | | | |
| Fri | | | | | |
| Sat | | | | | |

| SHOE MILEAGE | SHOE MILEAGE | TOTAL MILES |
|-------------------------|-------------------------|---------------------|
| Sh#1 – This Week: _____ | Sh#2 – This Week: _____ | This Week: _____ |
| Sh#1 – Last Week: _____ | Sh#2 – Last Week: _____ | Last Week: _____ |
| Sh#1 – YTD: _____ | Sh#2 – YTD: _____ | Year-to-Date: _____ |